

FAMILY ENRICHMENT NEW ZEALAND (FENZ)

# *First Letters 2022*

FOR PARENTS OF CHILDREN 4-7 YEARS OLD

## TOPICS

BUILDING CHARACTER IN  
CHILDREN

LOVE AND DISCIPLINE

PLAY AND TECHNOLOGY

LOVE AND LIFE

MARRIAGE  
RELATIONSHIP

THE FAMILY  
ENVIRONMENT



Children between 4 and 7 years old start to develop their personality and reach the age of reason. This stage requires much individualised attention from parents.

The course will help parents reconcile a unique upbringing with the influence of friends and family. It is now time to introduce to children the family style that each marriage creates and help channel their behavior on the basis of the human virtues.

This program is structured on the participant-based case study method and uses cases involving real situations. Cases are first analysed by small groups formed by a few couples and then discussed at the moderated general sessions.

First Letters was developed by professionals at the International Federation for Family Development (IFFD; [www.iffd.org](http://www.iffd.org)). IFFD is a non-governmental, independent, and non-profit federation, whose primary mission is to support families through training. Family Enrichment New Zealand (FENZ) is affiliated to IFFD.

**BYO Picnics** 2pm on the following Sundays  
15 May and 13 Nov at Cornwall Park (near Band Rotunda)

**Online general sessions** 2pm on the following Sundays  
29 May, 19 June, 24 July, 28 August, 25 September, 30 October

**In-person small group sessions** once a month prior to general sessions (dates and times to be decided by each group)

**Cost** \$100 per couple or \$75 if booked before 15 May  
(Refund for cancellations will be subject to fees)

Registration: <https://www.fea.org.au/book-online>